Description
The theme of this year’s symposium is *Transitions in health care throughout the lifespan*. Patients and their families transition from one stage of care to another throughout the lifespan. Examples include transitioning from hospital care to home, from acute illness to chronic illness, from pediatric health care to adult care. Transitioning can be a challenging experience for families, patients, and care providers. This research symposium is an excellent opportunity to share new knowledge, interact with leaders developing new models of care and quality initiatives, and to explore exciting opportunities focused on improving the patient experience as they transition from one phase of life to another.

In its sixth year, the symposium provides an opportunity to network and share research, evidence based practice and quality improvement projects. This year’s sessions feature podium and poster presentations, as well as keynote presentations from nationally known speakers presenting effective transition care models and personal stories of transformation that result in better care for patients, and stronger partnerships with patients and healthcare providers.

Attendees will be able to interact with leaders developing and working with new models of care, quality initiatives, and performance measurement through networking opportunities about the future of care transitions.

Program Objectives
• Discuss key patient characteristics that influence care transitions, including physical, behavioral, developmental, functional and psychosocial factors
• Share case studies and innovative patient care models for optimizing transitions in health care
• Integrate best practices to improve safety, quality, and value with transitions in health care

Target Audience:
All health care professionals interested in delivering patient centered care across the continuum should attend, including nurses, social workers, case managers, PT, OT, SLP, administrators, and other healthcare providers with an interest or specialty in care transitions.

Location
Stanford University, Arrillaga Alumni Center, 326 Galvez St, Stanford, CA 94305
Afaf I. Meleis, PhD, DrPS(hon), FAAN was the Margaret Bond Simon Dean of Nursing at the University of Pennsylvania School of Nursing, Professor of Nursing and Sociology, and Director of the school’s WHO Collaborating Center for Nursing and Midwifery Leadership. She is a Fellow of the Royal College of Nursing in the UK, and the American Academy of Nursing; a member of the Institute of Medicine, and the National Institutes of Health Advisory Committee on Research on Women’s Health; a Board Member of CARE, and the Consortium of Universities for Global Health; and co-chair of the IOM Global Forum on Innovation for Health Professional Education and the Harvard-Penn-Lancet Commission on Women and Health. She is also President and Counsel General Emeriti of the International Council on Women’s Health. Dr. Meleis’ research scholarship is focused on the structure and organization of nursing knowledge, transitions and health, and immigrant and women’s health.

Marcus Engel, MS is a bestselling author and speaker whose messages inspire, impact and influence audiences. Marcus’ memoir, After This...An Inspirational Journey for All the Wrong Reasons, chronicles his amazing journey. As a college freshman, Marcus was blinded and nearly killed after being struck by a drunk driver. Through two years of rehab, more than 300 hours of reconstructive facial surgery and adaptation through a multitude of life changes, Marcus remained committed to his goal of recapturing life. This unforgettable story is the basis for The Drop, a multi-award winning short film, and is currently in development as a feature film. Marcus’ other books include The Other End of the Stethoscope: 33 Insights for Excellent Patient Care, I’m Here: Compassionate Communication in Healthcare, Everyday Inspiration and Open (an e- novelette written with Amy Glenn-Vega).

Marcus holds a bachelor’s of science in sociology from Missouri State University and an master’s of science in narrative medicine from Columbia University, NYC. He is the cofounder and President of I’m Here Movement, a 501c3, nonprofit, changing the culture of care with two simple words. He lives in Orlando, Florida with his wife, Marvelyne and Seeing Eye dog, Garrett.
<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>8:30 am</td>
<td>Registration &amp; Continental Breakfast</td>
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<tr>
<td>9:00 am</td>
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| 9:15 am      | **Keynote:** Transitions in Health Care: Challenges & Opportunities  
Afaf I. Meleis, PhD, DrPS (hon), FAAN |  |
| 10:15 am     | Break (coffee & tea) & Poster Session                                                                                            |
| 10:40 – 12:10 pm | **Podium Presentations:** Outcomes  
Peninsula Circle of Care—An Innovative Community Care  
Yvonne Chan RN, MSN, GCNS-BC, PHN Transitions Program — Palo Alto Medical Foundation  
A Study on the Effect of the Nurse—Led Multidisciplinary Transitional Care Model on Self-Management in Younger Vulnerable Chronic Disease Patients  
Cara Papas, ND, ARNP — Florida State University School of Nursing  
Bridging Silos: San Francisco General’s Care Transitions Taskforce  
Michelle Schneidermann, MD — San Francisco General Hospital  
Transition Home from the NICU for Infants with Complex Care Needs  
Robin Bisgaard MSN, RN-UCSF Benioff Children’s Hospital/UCSF School of Nursing, Family Health Care  
Improving Discharge Preparation for Patients with Heart Failure: A Feasibility Report  
Bradi B. Granger PhD, RN, FAHA, FAAN — Duke University School of Nursing and Health System  
Value of Advanced Practice Provider Led Transition to Survivorship Visits at Stanford Cancer Institute (SCI)  
Kelly Bugos — Stanford Cancer Institute |  |
| 1:10 – 1:40 pm | **Podium Presentations:** Theory  
Planning for The Transition to Adulthood for Youth with Chronic Health and Developmental Needs: An Ethnographic Study  
Roberta Rehm PhD, RN, FAAN — University of California at San Francisco  
Transition from Pediatric to Adult Health Care: A Quality Improvement Approach  
Lisa Lestishock MSN, CPNP — Lucile Packard Children’s Hospital Stanford |  |
| 1:40 pm      | **Keynote:** Patient’s Perspective The Other End of the Stethoscope  
Marcus Engel, MS |  |
| 2:40 pm      | **Podium Presentations:** Clinical  
Weight Self-Management through the Postpartum Transition  
Jennifer Ohlendorf PhD, RN — Marquette University College  
A Nurse-Led Multidisciplinary Team Approach Improves Transitions and Reduces Readmissions for Heart Failure Patients  
Christine Thompson MS, RN, CNS, CCRN, CHFN — Stanford Health Care  
Resiliency in Pediatric Liver Transplant Recipients Transitioning through Adolescents  
Annette S. Nasr PhD, RN — Lucile Packard Children’s Hospital Stanford  
Stanford School of Medicine |  |
| 3:45 pm      | **Sharing Best Practices and New Knowledge Poster Session and Reception** |  |
| 5:00 pm      | Evaluations/Adjourn                                                                                                               |
Planning Committee

Jovy Borja, RN, BSN
Nursing Research Council Chair
Stanford Health Care

Deepali Bankar, PT, MPT, CCS
Board Certified Specialist in Cardiovascular & Pulmonary Physical Therapy
Stanford Health Care

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Stanford Health Care

Diana Petrik
Administrative Support
Stanford Health Care

Jennifer Villanueva
Administrative Support
Lucile Packard Children’s Hospital Stanford

Provider approved by the California Board of Registered Nursing.
Provider Number CEP12165 for a maximum of 6.0 CE hours.

Stanford Health Care is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Maximum of 6.0 contact hours

Neither SHC nor ANCC endorse any commercial products.

Course meets the qualifications for maximum of 6.0 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences.
Provider Number PCE 344

Stanford Health Care Department of Rehabilitation is an approved provider for physical therapy, occupational therapy, and speech language pathology for courses that meet the requirements set forth by the respective Boards.

Maximum of 4.7 contact hours
Registration

REGISTRATION
Preregistration is required.
Fee: $165/$225
(continental breakfast, lunch, parking, materials & CE hours included)

REGISTER ONLINE
https://stanford.eventready.com/events/2015NursingResearchSymposium

REGISTER BY MAIL
Send completed form and check to:
If paying by check, you are required to register online. Please send completed form and check to Grissel Hernandez at the below address.
ATTN: Grissel Hernandez
CEPD
1850 Embarcadero Rd, MC 5534
Palo Alto, CA 94303

QUESTIONS?
Call (650) 725-8140
For a faster response, please email Grissel Hernandez at irhernandez@stanfordhealthcare.org. Emails are frequently checked throughout the business day.

A confirmation letter and map will be emailed to you upon receipt of your payment.

Prior to class, registered participants will receive an email with viewing instructions for the online syllabus.

CANCELLATION POLICY
If a course is cancelled, the enrollee will be notified 2 weeks prior to the course and a full refund will be given.

Cancellation by the enrollee
• Must be done online by the enrollee.
• Two weeks or more prior to the day of the course: Full Refund, less the cost of course materials received.
• Less than 2 weeks prior to the day of the course: Refund, less a $35 processing fee and cost of course materials received.
• Less than 48 hours prior to the start time of the course: No Refund.
• No show, No refund, No exceptions
REGISTRATION FORM

6TH ANNUAL NATIONAL NURSING RESEARCH SYMPOSIUM
May 4, 2015

$165 Full Day/Stanford Health Care or Stanford Children’s Health Employees

$225 Full Day/Outside Participants

Name (print clearly) ________________________________________________________________

Home Address: number/street _______________________________________________________________________

City __________________________ State ___ Zip __________________________________________

Home Phone _______________ Professional License Number _________________________

Employer ________________________________________________________________________________

☐ Check enclosed: Payable to SHC

☐ Credit Card: Register online.

Stanford Health Care or Stanford Children’s Health Employees: If paying by Educational Assistance: Must register online.

If you have any questions, please email Grissel Hernandez irhernandez@stanfordhealthcare.org