6th Annual National Nursing Research Symposium
Stanford University, Arrillaga Alumni Center
May 4, 2015

Program Overall Objectives:
1. Discuss key patient characteristics that influence care transitions, including physical, behavioral, developmental, functional and psychosocial factors
2. Share case studies and innovative patient care models for optimizing transitions in health care
3. Integrate best practices to improve safety, quality, and value with transitions in health care

PROGRAM AGENDA

8:30am Registration & Continental Breakfast

9:00am Welcome, CE/Evaluation Instructions & Introductions

9:15am Keynote Clinical Perspective

Transitions in Health Care: Challenges & Opportunities
Afaf I. Meleis, PhD, DrPS (hon), FAAN

10:15am Break (coffee & tea) & Poster Session

10:40 – 12:10pm Podium Presentations: Outcomes (O)

O1: Peninsula Circle of Care—An Innovative Community Care
Yvonne Chan, MSN, RN, GCNS-BC, PHN
Transitions Program- Palo Alto Medical Foundation

O2: A Study on the Effect of the Nurse-Led Multidisciplinary Transitional Care Model on Self-Management in Younger Vulnerable Chronic Disease Patients
Cara Pappas, ND, ARN P
Florida State University School of Nursing

O3: Bridging Silos: San Francisco General’s Care Transitions Taskforce
Michelle Schneidermann, MD
San Francisco General Hospital

O4: Transition Home from the NICU for Infants with Complex Care Needs
Robin Bisgaard, MSN, RN
UCSF Benioff Children’s Hospital/UCSF School of Nursing, Family Health Care

O5: Improving Discharge Preparation for Patients with Heart Failure: A Feasibility Report
Bradi B. Granger, PhD, RN, FAHA, FAAN
Duke University School of Nursing and Health System

O6: Value of Advanced Practice Provider Led Transition to Survivorship Visits at Stanford Cancer Institute (SCI)
Jessica Foran, MSN, WHNP-BC, ANP-BC — Stanford Cancer Institute

Stanford Children's Health
Lucile Packard Children's Hospital Stanford
Stanford HEALTH CARE
12:10pm  Lunch and Poster Session (Lunch will be provided)

1:10 – 1:40pm  Podium Presentations: Theory (T)
T1: Planning for the Transition to Adulthood for Youth with Chronic Health and Developmental Needs: An Ethnographic Study
Roberta Rehm PhD, RN, FAAN
University of California at San Francisco

T2: Transition from Pediatric to Adult Health Care: A Quality Improvement Approach
Lisa Lestishock MSN, CPNP
Lucile Packard Children’s Hospital Stanford
Patience White, MD, MA
Center for Health Care Transition Improvement

1:40pm  Keynote Patient’s Perspective
The Other End of the Stethoscope
Marcus Engel, MS

2:40pm  Break & Sharing Best Practices and New Knowledge Poster Session

3:30 – 4:15pm  Podium Presentations: Clinical (C)
C1: Weight Self-Management through the Postpartum Transition
Jennifer Ohlendorf PhD, RN
Marquette University College

C2: A Nurse-Led Multidisciplinary Team Approach Improves Transitions and Reduces Readmissions for Heart Failure Patients
Christine Thompson MS, RN, CNS, CCRN, CHFN
Stanford Health Care

C3: Resiliency in Pediatric Liver Transplant Recipients Transitioning through Adolescents
Annette S. Nasr, PhD, RN
Lucile Packard Children’s Hospital Stanford
Stanford School of Medicine

4:15 pm  Sharing Best Practices and New Knowledge
Poster Session and Reception

5:00pm  Evaluations/Adjourn
Sharing Best Practices and New Knowledge Poster Session

Poster Presentations: Quality Improvement (QI)

#1 Discharge post-atrial fibrillation ablation: Current Challenges and Findings, Future Model and Outcomes
Aimee Lee, RN, CNS, ACNP-BC—Stanford University Medical Center

#2 Case Examples of Patient Specific Needs as an Integral Element of a Standardized Discharge Intervention
Kristi Hills, RN, MS, CNS, CCRN- California Pacific Medical Center

#3 Family Centered Pediatric Radiation Therapy Schedule
Elizabeth Austin, RN, DNP(c), CNOR – Lucile Packard Children’s Hospital Stanford

#4 Reducing Non-Urgent Emergency Department Visits of Homeless Veterans through Adherence to a Nurse Practitioner-Led Comprehensive Plan of Care
Vanessa Alvarado-Greer DNP(c), ACNPC, ACNP-BC, CNS- Loma Linda University

#5 Standardization and Increased Safety in Prescribing Chemotherapy
Janet Thomas, MSN, MBA-HC, CPHON, RN- Lucile Packard Children’s Hospital Stanford

#6 Transitional Care Services: A Nurse-Led Quality Improvement Project
Debra Conroy-McCue, ACNS-BC, CFCRN, CNL, DNP, RN- St. Mary’s Medical Center

#7 Stanford Health Care’s Complex Care Case Management Program
Jaime Lyons, LCSW- Stanford Health Care
Marianne Schlosser, LCSW- Stanford Health Care

#8 A Care Transition Bundle for Heart Failure Patients Impacts Hospital Care Access During the 30 Days Following Discharge
Christine Thompson MS, RN, CNS, CCRN, CHFN — Stanford Health Care

#9 A Nurse-led Initiative to Improve Heart Failure Patient Self-Management Skills by Incorporating Teach Back into Education
Angela Bingham, MSN, RN, CNL, CHFN- Stanford Health Care

#10 Transitions in Care for Persons Living with HIV Accessing the Acute Care Setting
Jaime Mignano, MSN, MPH, RN - University of Maryland, School of Medicine
Lucy R. Miner, BSN, RN, PCCN - University of Maryland, School of Medicine

#11 Shared Decision Making in Renal Replacement Therapy Options for the End Stage Renal Dialysis Patient: Informed Transitions in Care
Maria O’Shaughnessy, MSN, RN, CNN, CNL- Satellite Wellbound

#12 Aligning national priorities with stakeholder input for improving stroke transitions of care
Janet Bettger, ScD- Duke University School of Nursing
Poster Presentations: Evidence Based Practice (EP)

#13  Reducing Readmission for Congestive Heart Failure (CHF) at Chinese Hospital
Yan Ling Chen, MSN, RN, CNS – Chinese Hospital, San Francisco

#14  The Benefits of Transitioning Patients from the Emergency Department to Medical-Surgical Units Using a Bedside Reporting Process
Tonya Johnson, DNP, RN, CCRN, NEA-BC– University of Pennsylvania Health System, Pennsylvania Hospital

Poster Presentations: Research (R)

#15  Transition Patterns from Pediatric Cardiology to Adult Cardiac Care at Stanford and Factors associated with Successful Referral
Susan M. Fernandes, LPD, PA-C - Stanford University Medical Center

#16  To Construct the Faculty-Learning Protocol of Psychiatric Mental Health Nursing Clinical Competencies from Hospital to Community
Shujen Shiau, Ph.D, RN, MPH - Cardinal Tien Junior College of Healthcare & Management, Taiwan

#17  Development and Implementation of a Nurse-led Pediatric Transitional Home Visit
Susan Wade-Murphy, MSN, RN- Cincinnati Children's Hospital Medical Center

National Nursing Symposium Planning Committee
Jovy Borja, RN, BSN - Stanford Health Care
Deepali Bankar, PT, MPT, CCS - Stanford Health Care
Sonya Feng, MSN, RN - Stanford Health Care (Lead Nurse Planner)
Cathy Hedges, MS, RN, BC - Lucile Packard Children's Hospital Stanford
Grissel Hernandez, MPH, BSN, RN, HNB-BC - Stanford Health Care (CE Program Coordinator)
Melissa Martin, RN, BSN, CPHON - Lucile Packard Children's Hospital Stanford
Annette Nasr, PhD, RN - Lucile Packard Children's Hospital Stanford/Stanford School of Medicine
David Pickham, PhD, RN - Stanford Health Care
Diana Petrik - Stanford Health Care
Jennifer Villanueva - Lucile Packard Children's Hospital Stanford

Disclosure: Planners and presenters disclose no conflict of interest relative to this educational activity.
Araf I. Meleis, PhD, DrPS(hon), FAAN was the Margaret Bond Simon Dean of Nursing at the University of Pennsylvania School of Nursing, Professor of Nursing and Sociology, and Director of the school’s WHO Collaborating Center for Nursing and Midwifery Leadership. She is a Fellow of the Royal College of Nursing in the UK, and the American Academy of Nursing; a member of the Institute of Medicine, and the National Institutes of Health Advisory Committee on Research on Women’s Health; a Board Member of CARE, and the Consortium of Universities for Global Health; and co-chair of the IOM Global Forum on Innovation for Health Professional Education and the Harvard-Penn-Lancet Commission on Women and Health. She is also President and Counsel General Emeriti of the International Council on Women’s Health. Dr. Meleis’ research scholarship is focused on the structure and organization of nursing knowledge, transitions and health, and immigrant and women’s health.

Marcus Engel, MS is a bestselling author and speaker whose messages inspire, impact and influence audiences. Marcus’ memoir, After This...An Inspirational Journey for All the Wrong Reasons, chronicles his amazing journey. As a college freshman, Marcus was blinded and nearly killed after being struck by a drunk driver. Through two years of rehab, more than 300 hours of reconstructive facial surgery and adaptation through a multitude of life changes, Marcus remained committed to his goal of recapturing life. This unforgettable story is the basis for The Drop, a multi-award winning short film, and is currently in development as a feature film. Marcus’ other books include The Other End of the Stethoscope: 33 Insights for Excellent Patient Care, I’m Here: Compassionate Communication in Healthcare, Everyday Inspiration and Open (an e- novelette written with Amy Glenn-Vega).

Marcus holds a bachelor’s of science in sociology from Missouri State University and an master’s of science in narrative medicine from Columbia University, NYC. He is the cofounder and President of I’m Here Movement, a 501c3, nonprofit, changing the culture of care with two simple words. He lives in Orlando, Florida with his wife, Marvelyne and Seeing Eye dog, Garrett.
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Our deepest appreciation to Stanford University School of Nursing Alumnae for their ongoing support and generosity.

National Nursing Symposium Planning Committee
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THANK YOU TO THOSE WHO SUPPORTED STANFORD UNIVERSITY SCHOOL OF NURSING OVER THE YEARS, AND WHO NOW SUPPORT NURSING CONTINUING EDUCATION.
CONTACT HOURS

Continuing Nursing Education contact hours will be awarded for this activity. Please check the Accreditation section of this document for additional information about total contact hours by your professional affiliation.

Successful completion of a session requires attendance at the session and completion of an online evaluation.

ACCREDITATION

Provider approved by the California Board of Registered Nursing. Provider Number CEP12165 for 6.0 CE hours.

Stanford Health Care is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. 6.0 contact hours

Course meets the qualifications for 6.0 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences. Provider Number PCE 344

Stanford Health Care Department of Rehabilitation is an approved provider for physical therapy, occupational therapy, and speech language pathology for courses that meet the requirements set forth by the respective Boards. 4.7 contact hours

Continuing Education (CE) Certificate Retrieval Process:

- You will receive an email this week with a link to complete your online evaluation.
- CE certificates are printed online by you after you attend the conference & complete your online evaluation.
- The certificate issued online is for BRN, ANCC & BBS CEs only.
- There will be a separate hardcopy CE certificate issued for all others. Certificates will be issued to the course coordinator for distribution, which should be available 3-4 weeks.
- Good news...After you complete your online evaluation, you will have up to 3 years to print your BRN/ANCC CE certificate, as many time as you wish, without paying a fee.
- 7 calendar days...You have 7 calendar days to complete your online evaluation in order to receive a CE certificate.
- After 7 calendar days, evaluations close and you will not receive a certificate of completion. NO EXCEPTIONS